

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 11am- Active Adult Aerobics (MC) 1pm- Open Art Studio (CR) 2pm- Bocce Ball (BC) 3pm- Res. Discussion Group (CR)	2 11am- Beginner Yoga (MC) 11am- Men's Poker (WG) 12:30pm- Resident Shuffleboard (PD) 3pm- Quarter Bingo (WC) 5:30pm- Aeroponic Gardening (MC)	3 9am- Coffee's On (MC) 10am- Sit to Be Fit (MC) 11:30am- Walk The Halls (MC) 1pm- Open Art Studio (CR) 1pm- Horseshoes (BC)	4 11am- Line Dancing (MC) 12pm- November Birthday Lunch (WC) 1pm- Intermediate Bridge (WC)
			<i>Drink Card Pickup in the Office</i>	<i>Drink Card Pickup in the Office</i>		
5	6 1pm- Bridge & Games (Resident Event) (MC) 1pm- Needlework Social (CR) 3pm- Wii Bowling (MC) 4:30pm- Massages and Apple Cider Margarita's (WC) DCR 7:30pm- Qigong (MC)	7 11am-2pm Men's Poker (WG) 3pm- Weights Only (MC) 4:30pm- Happy Feet (MC) 6pm- El Matador Happy Hour (El Matador Restaurant)	8 10am- Nail Art (CR) 11am- Active Adult Aerobics (MC) 1pm- Open Art Studio (CR) 1pm- Apple Candle Center Pieces & Apple Cider (MC) 3pm- Group Trivia (CR)	9 11am- Beginner Yoga (MC) 11am- Men's Poker (WG) 12:30pm- Resident Shuffleboard (PD) 2pm- Bocce Ball (BC) 5:30pm- Hot Buttered Bourbon Happy Hour in the Garden (WC) DCR	10 9am- Socialize with a Donut (MC) 10am- Sit to Be Fit (MC) 11:30am- Walk The Halls (MC) 1pm- Open Art Studio (CR) 1pm- Horseshoes (BC)	11 11am- Line Dancing (MC) 11:30am- Veterans' Day Burger Lunch (WC)
12	13 1pm- Bridge & Games (Resident Event) (MC) 1pm- Bocce Ball (BC) 3:30pm- Friendsgiving Fall Tea Party (WC) 7:30pm- Qigong (MC)	14 11am-2pm Men's Poker (WG) 3pm- Weights Only (MC) 4:30pm- Happy Feet (MC) 6pm- El Matador Happy Hour (El Matador Restaurant)	15 1pm- Open Art Studio (CR) 1:30pm- Shop & Grocery (MC) 3pm- Res. Discussion Group (CR) 4pm- Active Adult Aerobics (MC) 5:30pm- Chili Cook-Off & Live Music (MC) *Contestants Please RSVP	16 11am- Beginner Yoga (MC) 11am- Men's Poker (WG) 12:30pm- Resident Shuffleboard (PD) 6pm- CLEI Management Happy Hour (MC) DCR	17 9am- Coffee's On (MC) 10am- Sit to Be Fit (MC) 11:30am- Walk The Halls (MC) 1pm- Open Art Studio (CR) 1pm- Horseshoes (BC) 6pm- Thanksgiving Belly Stretcher (MC)	18 11am- Line Dancing (MC) 1pm- Intermediate Bridge (WC)
19	20 1pm- Bridge & Games (Resident Event) (MC) 3pm- Wii Bowling (MC) 1pm- Needlework Social (CR) 5pm- Grill Master (WC) 7:30pm- Qigong (MC)	21 11am-2pm Men's Poker (WG) 3pm- Weights Only (MC) 4:30pm- Happy Feet (MC) 5:30pm- Quarter Bingo (WC) 6pm- El Matador Happy Hour (El Matador Restaurant)	22 10am- Nail Art (CR) 11am- Active Adult Aerobics (MC) 1pm- Open Art Studio (CR) 3pm- Group Trivia (CR)	<div style="border: 2px solid orange; padding: 5px; display: inline-block;"> Happy Thanksgiving </div> Office Closed	24 Office Closed	25 11am- Line Dancing (MC)
26	27 1pm- Bridge & Games (Resident Event) (MC) 11am- Bus Trip to the Naskila Casino (MC) 7:30pm- Qigong (MC)	28 11am-2pm Men's Poker (WG) 3pm- Weights Only (MC) 4:30pm- Happy Feet (MC) 6pm- El Matador Happy Hour (El Matador Restaurant)	29 11am- Active Adult Aerobics (MC) 12:30pm- Lunch Bunch at Arturo Boada - Please RSVP - 281-627-6916 2pm- Christmas Card Craft (CR) 3pm- Res. Discussion Group (CR) 5pm- Red Wine Pairing and Chocolates (WC) DCR	30 11am- Beginner Yoga (MC) 11am- Men's Poker (WG) 12:30pm- Resident Shuffleboard (PD) 5pm- Men's Happy Hour (WC) DCR 6pm- Ladies' Happy Hour (MC) DCR		

ACTIVITY LOCATIONS

CR—Craft Room **BC**—Bocce Court
WG—West Game Room **FC**—Fitness Center
MC—Main Clubhouse **TP**—Transportation
WC—West Clubhouse Provided
PD—Pool/Pool Deck **DCR** - Drink Card
PPE/PPW—Pet Park Required

November 2017



RSVP REQUIRED
Please be sure to RSVP to
all events listed in Red
Email: info@fitcasa.com
Web: www.fitcasa.com
Call: (855) 398-2272